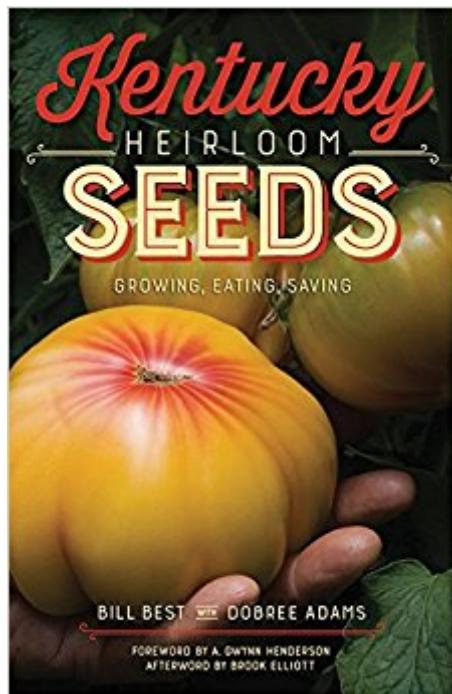


The book was found

Kentucky Heirloom Seeds: Growing, Eating, Saving



Synopsis

Saving seeds to plant for next year's crop has been key to survival around the globe for millennia. However, the twentieth century witnessed a grand takeover of seed producers by multinational companies aiming to select varieties ideal for mechanical harvest, long-distance transportation, and long shelf life. With the rise of the Slow Food and farm-to-table movements in recent years, the farmers and home gardeners who have been quietly persisting in the age-old habit of conserving heirloom plants are finally receiving credit for their vital role in preserving both good taste and the world's rich food heritage. Kentucky Heirloom Seeds: Growing, Eating, Saving is an evocative exploration of the seed saver's art and the practice of sustainable agriculture. Bill Best and Dobree Adams begin by tracing the roots of the tradition in the state to a 700-year-old Native American farming village in north central Kentucky. Best shares tips for planting and growing beans and describes his family's favorite varieties for the table. Featuring interviews with many people who have worked to preserve heirloom varieties, this book vividly documents the social relevance of the rituals of sowing, cultivating, eating, saving, and sharing.

Book Information

Hardcover: 320 pages

Publisher: University Press of Kentucky (February 20, 2017)

Language: English

ISBN-10: 0813168872

ISBN-13: 978-0813168876

Product Dimensions: 5.6 x 0.9 x 8.6 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #970,269 in Books (See Top 100 in Books) #122 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Region > South #196 in Books > Science & Math > Agricultural Sciences > Agronomy #518 in Books > Science & Math > Agricultural Sciences > Sustainable Agriculture

Customer Reviews

"In the expanding contemporary world of heirloom seed savers, Bill Best is already legend with over 700 varieties of discrete beans and hundreds of tomatoes stockpiled and catalogued at his farm outside of Berea, Kentucky. Best is distinguished not only for his collection of seeds, but for his keen interest in the stories that accompany them and his ability to weave those stories into the history of

a people and a region, the Appalachian South. At a time of growing attention to and focus on American foodways as history, Best's book is a valuable resource that will be used across the discipline."•Ronni Lundy, author of *Victuals: An Appalachian Journey, with Recipes and Shuck Beans, Stack Cakes, and Honest Fried Chicken*"Bill Best's language and tone of voice are elegant notes of calm discourse in a shrill world. Beneath the tackiness of American popular culture there is a depth of traditional culture that is invisible to the mass media. The book is a kind of seed itself, fecund, filled with life and potential."•Gurney Norman, author of *Ancient Creek: A Folktale and Kinfolks: The Wilgus Stories*

Bill Best, professor emeritus from Berea College, is a Madison County, Kentucky, farmer and one of the charter members of the Lexington Farmers' Market. Widely known as a saver, collector, and grower of heirloom beans and tomatoes, he is the author of *Saving Seeds, Preserving Taste: Heirloom Seed Savers in Appalachia*. Dobree Adams is primarily known in the region as a fiber artist and photographer. She gardens and farms on a river bottom of the Kentucky north of Frankfort.

A wonderfully written book full of history and inspiration. Not just for folks from Kentucky, but for anyone interested in our botanical heritage, heirloom seeds, and saving biodiversity.

Wonderful book by renown seed saver Bill Best. Filled with stories of seed saving and history.

[Download to continue reading...](#)

Kentucky Heirloom Seeds: Growing, Eating, Saving Minecraft Seeds: Ultimate Minecraft Seeds you must Use: Best Minecraft Seeds Worlds You Must See (Unofficial Minecraft Seeds Guide) Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Saving Seeds, Preserving Taste: Heirloom Seed Savers in Appalachia Ultimate Seeds Handbook for Minecraft: The Best Minecraft Seeds That You Must Know! (Seeds for PC and Mac, Xbox 360, Pocket Edition) Minecraft Seeds: Top 25 Seeds for Minecraft 1.10 - Unofficial Guide Featuring Seeds You Must Try Out For Yourself (sorted into 5 categories with a bonus gift inside) - GREAT CHRISTMAS GIFT Growing Marijuana: Marijuana Growing Tips and Tricks to Get Big Yields For Beginners! (Growing Marijuana For Beginners, Growing Marijuana Indoors & Outdoors, Growing

Marijuana Tips and Tricks) Growing Mushrooms for Profit: The Definitive Step-By-Step Guide to Growing Mushrooms at Home for Profit (Growing Mushrooms for Profit, Growing Mushrooms ... Mushrooms, Growing Oyster Mushrooms) The Beekman 1802 Heirloom Cookbook: Heirloom fruits and vegetables, and more than 100 heritage recipes to inspire every generation Binge Eating: Cure Binge Eating, Overcome Food Addiction, and Rid Your Life of Eating Disorders (Binge Eating Cure Series Book 1) CLEAN EATING: The Detox Process And Clean Eating Recipes That Help you lose weight naturally (Clean eating cookbook, Weight Watchers, Sugar free detox, Healthy ... Eating Cookbook, Loss weight Fast, Eat thin) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Weed: The Ultimate Quick Guide To Growing Great Marijuana (How To Grow Your Own Weed, Growing Marijuana for Beginners, Big Buds, High Yields, Growing Marijuana Indoors, Weed Growing Book 1) Growing Marijuana: Big Buds, Growing Marijuana In Soil For Beginners (Growing Marijuana, Marijuana Cultivation, Marijuana Growing, Medical Marijuana, Marijuana Horticulture) The Ultimate Seeds Handbook: Top 50 Seeds for PC and Pocket Edition How to Grow Beans and Peas: Planting and Growing Organic Green Beans, Sugar Snap Peas, and Heirloom Dry Beans and Peas How to Grow Tomatoes, Peppers, and Eggplant: Planting and Growing Organic Heirloom Tomatoes, Sweet Bell Peppers, Chili Peppers, and Gourmet Eggplant Backroad Bicycling in Kentucky's Bluegrass: 25 Rides in the Bluegrass Region, Lower Kentucky Valley, Central Heartlands, and More A Guide to the Wildflowers and Ferns of Kentucky (Kentucky Nature Studies)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)